

# Pitching AureLisa

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2023

*Combining rationality and depth*

*toward Compassion*

During my years of practice in general medicine and psychiatry, I was **struck by the powers of empathy and placebo**. Their underlying processes are much more intricate and powerful – if well employed – than recognized by most medical scientists, practitioners, and patients. You find (my) [science about this here](#).

I'm also a Master in Cognitive Science & A.I. and a Ph.D. in the intersection between neurocognitive science, health, and healing. This combination allows me to understand better the complexity of many mind-related health issues and how to **put mental strength to good use**. Also, it enables new insights into intelligence, consciousness, and what may be called 'wisdom,' whether human or artificial.

Despite material well-being, there is a **worldwide increase in mind-related problems** for which satisfactory solutions are lacking. This leads to sociocultural and even geopolitical tensions and downright disasters in broad society, made more prominent by COVID and the post-COVID era. A fundamental humanistic reorientation is needed for the sake of many individuals and, ultimately, humankind.

Much relevant science already exists — unfortunately, hidden in separate silos. Toward a broad view on a solid ethical basis, **AureLisa brings a profound synthesis of human depth and rationality** in health and healing and any other human field. Many congruent developments have been accomplished: [14 books](#), [1200 blog essays](#), [1200 online health meditations](#), [4000 DailyTwinkles](#)...

**Lisa – a Compassion-based, A.I.-driven, self-learning coaching chatbot** – will bring these aims to life in a personalized way, directly helping many people in-depth. Also, Lisa will show scientifically what brings us from the inside out to better health (real-world evidence) and flourishing. Lisa's first focus is chronic pain.

The near future heralds a coexistence of humanity and genuinely intelligent A.I. The latter will be increasingly autonomous — for which we need to be on our guard. In the best scenario, we can use A.I. **to relieve much suffering and foster human growth while striving for a durably humane future**. Lisa can become the primary Compassionate A.I. as presaged in my book '[Journey Towards Compassionate A.I.](#),' attaining Compassion before real intelligence.

For more background information about the aspirations of the AureLisa project, see the [white paper](#). Note that a lot of the material (online meditations, Aurelis app, blogs, DailyTwinkles) is free of charge, but not human coaching and Lisa.

If you want to cooperate, please send an email to [jeanluc@aurelis.org](mailto:jeanluc@aurelis.org).