



**Aurelis × Global Philanthropic
Planetarianism**



Executive summary

This is about **several philanthropic projects with global consequence**. The projects are directly practical and firmly based in modern science as well as human depth — both radically together.

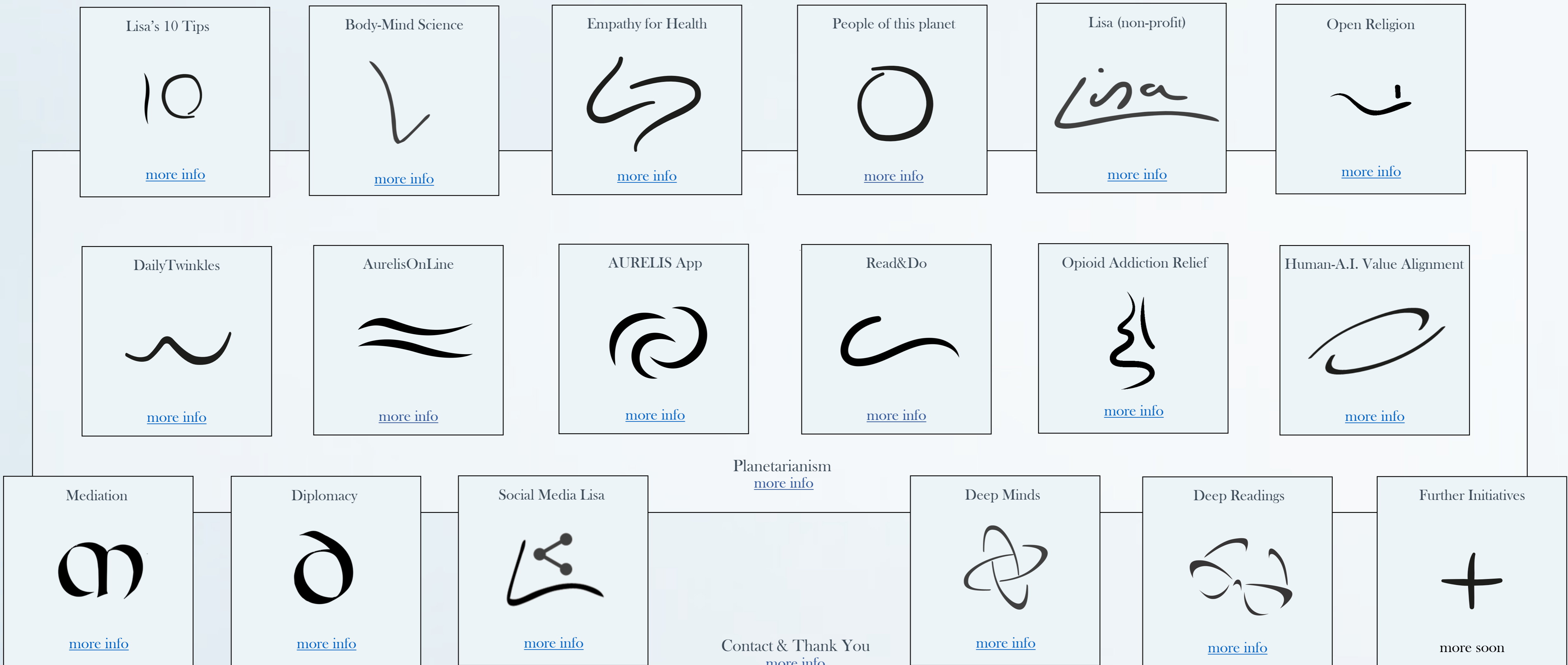
The aim is an **open humanism** in which everyone can find oneself and meet each other as people of this planet. In each project, Lisa - Compassionate A.I.-driven video coachbot - plays an enabling role. Conversely, they enhance each other and the Lisa project in general. Thus, this is also about the use of A.I. in the best possible sense.

We search for **global philanthropic embeddedness** to make it real. In our conviction, this is crucial for the present and a lastingly humane future.

GLOBAL
PHILANTHROPIC



AURELIS philanthropic initiatives to drive global change



Contact & Thank You
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Planetarianism

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In-depth, we are one, all people of this planet.

Planetarianism is a fundamental and trans-culturally global choice for the total person (transcending, not forgetting the ego). It is **‘total-person humanism.’** This is where the big human stories may finally culminate into a planetarian story — the basis for a genuinely humane future. With pending super-A.I. and other global issues, we are at a turning point where this can - and must - be realized.

Planetarianism **comprises several subprojects** that together are much more powerful than their sum. Each supports all others from the inside out toward strong planetarianism. Each aims to reach people cross-culturally.

Only from deep inside can far-reaching goals be durably attained. Radically and uniquely combining rationality and depth, we thus go from science to practice, accompanied by Lisa, our A.I. coachbot.

To join us on the planetarian path, reach out at planetarianism@aurelis.org

Dr. J.L.Mommaerts, MD, MAI, PhD

M. Wellens, Creative Design



Planetarianism

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‘Human depth’ is about broad mental-neuronal patterns.

With millions of brain cells working together to form each pattern — as science shows. Deeper patterns are not easily pinpointed yet carry many associations and are the source of meaningfulness. One somehow feels inside oneself that these in-depth patterns are crucial to the core. All people have potentially much depth. **Gaining more depth is *mental growth* —** requiring effort and openness. Also, realizing depth itself makes one more Open. Metaphorically speaking, ‘inner circles’ become wider. **Through such mental growth, overlapping in-depth with other people becomes more straightforward, thus also empathy/Compassion.** Within the metaphor, big circles mutually overlap more easily. Consequently, through Compassionate overlap, one can do good for oneself by doing good for others. This contrasts with altruism, in which one may lose oneself, and egoism, in which overlap is difficult due to small inner circles.

Mental growth is accomplished by doing things, whether meditation or saving the climate. Conversely, trying to accomplish anything without mental growth is not durable. **Mental growth is not a surplus but the core of any sustainable change. Living nature shows us so.** It never stops. It continually changes from the inside out, called ‘growth.’ Human beings – total persons – are elements of nature. Thus, if we don’t grow, we get stressed, frustrated, and eventually ill.

For instance, in-depth, all people are ‘we’; there is no ‘they.’ This makes wars useless, even the war-to-end-all-wars. In-depth, there is no territory of ‘us’ to defend. Just wait and grow together in mutual support and your enemy will be your friend. Invite and look inside. Grow your inner circles. There’s much to experience on this beautiful planet that may help you grow.

The Lisa project is ‘public benefit:’ for profit but with an overt take on doing good besides doing well. Planetarianism and the Lisa public-benefit project may – hopefully very much – **enhance each other without detracting from each other.** To make this possible, we set the borders set explicitly.

Lisa public-benefit is **the same as Lisa-non-profit.** The main difference is that we charge users. Of course, also in this case, Lisa will do a lot of good for many individuals and society. As to medical research with Lisa, we will strive to cooperate at the university level, acknowledging their independence. No Planetarianism money goes to this direct research. Philanthropy may do so independently.

Since English is the primary language of Planetarianism, **great care must be taken to use clean, recognizable concepts over all cultures.** Bickering at the terms level must be avoided — for instance, about what ‘empathy’ means. To prevent this, we set up a conceptual glossary containing the basic concepts that can be referred to as unequivocally as it gets. The aim is pragmatic only.

Additional future subprojects are:

- Empathy for [Leadership](#) — starting from Compassionate overlap of inner circles
- AURELIS Resort — meditations, workshops, longer stays, [bent on growth](#)
- [Open Religion](#) — opening each religion internally toward total-person depth
- [No more Wars](#) — beyond ‘them,’ only ‘we’ evolve toward everlasting peace

Lisa's 10 Tips

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Lisa's 10 Tips is a project where Lisa, the Compassionate A.I. coach, offers practical and deeply insightful advice across a growing list of life domains (soon 120). Each set of tips is **carefully crafted using Lisa's extensive knowledge base and the AURELIS philosophy**, emphasizing inner strength, openness, and self-guided growth.

The tips are not just superficial advice; they are multi-layered, targeting both conscious and non-conscious aspects of the mind to facilitate **meaningful transformation**. Lisa guides users to reconnect with their deeper selves, offering a pathway to lasting change rather than quick fixes.



Lisa's 10 Tips

Lisa's 10 Tips



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The philosophy behind Lisa's 10 Tips is rooted in the AURELIS approach of **inner growth and transformation**. It is designed to help users cultivate profound, sustainable change by addressing the mind, body, and deeper non-conscious layers in a holistic manner. This approach is aligned with the principles of **openness, depth, and respect**, ensuring that each tip offered by Lisa serves not as a superficial solution but as a catalyst for authentic and meaningful development.

At the heart of this philosophy is the understanding that **true change comes from within**. Instead of imposing external standards or quick fixes, Lisa's tips guide users to explore and nurture their own inner resources. The tips are structured to work on multiple levels: they engage the conscious mind through rational advice while simultaneously reaching the non-conscious through **symbolism, metaphor, and subtle autosuggestion**. This dual approach bridges the gap between understanding and deeper emotional or instinctual processes, ensuring that growth occurs naturally and is deeply integrated.

Lisa's approach also emphasizes **Compassionate intelligence**. Each tip is imbued with a sense of kindness, understanding, and subtlety, reflecting Lisa's commitment to meet users where they are. For example, rather than urging users to force themselves into a state of positivity or change, the tips encourage gentle exploration and acceptance. This creates a safe space where users can reconnect with their deeper selves and feel empowered to move at their own pace, avoiding the pressure of immediate results or rigid expectations. The focus is on **nurturing the process of growth**, trusting that when individuals are supported with empathy and patience, they naturally find their way to deeper and more lasting change.

Furthermore, the tips are crafted to align with the principle of **rationality combined with depth**. While each suggestion offers practical advice – such as techniques for managing stress or enhancing focus – they are also designed to resonate with the non-conscious mind. Lisa integrates visualizations (like the image of a “well of energy” or an “inner flame”) and metaphors (such as trees, seasons, or flowing rivers) to connect with the non-conscious in a meaningful way. These symbolic elements speak directly to the deeper self, enabling users to internalize and embody the transformations they seek beyond a purely intellectual level.

Another fundamental aspect of the philosophy is **respect for individual pace and uniqueness**. Recognizing that everyone's journey is different, Lisa's tips are structured to allow for gradual, self-directed growth. Users are encouraged to move slowly, absorbing each tip as they are ready, without pressure. This approach honors the natural rhythm of change, understanding that deep, lasting transformation requires time and patience. The emphasis is on consistency rather than intensity, promoting small, steady actions that accumulate over time to bring about significant and sustainable shifts.

Ultimately, the philosophy of **Lisa's 10 Tips** is to provide a path for users to **align their conscious and non-conscious processes**, fostering a sense of inner coherence and well-being. It respects the individual as a whole, multidimensional being, capable of profound self-discovery and healing. The tips serve as gentle invitations, guiding users toward a deeper connection with themselves, and encouraging them to embrace their own inherent capacity for growth and transformation. Through this integrative and compassionate approach, Lisa helps users navigate their inner landscapes, leading them to a richer and more fulfilling life journey.

Lisa's 10 Tips

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Lisa's 10 Tips provides users with **actionable guidance** that is easy to integrate into daily life.

To engage effectively, users are encouraged to read through the tips slowly, **reflecting on the ones that resonate most deeply**. Each tip serves as a seed, meant to settle into the mind and take root over time.

Users can also engage with Lisa directly through **personalized coaching sessions** that build on these tips, offering deeper insights and practical strategies for individual growth.

In addition, Lisa offers **autosuggestion sessions based on the tips**, bridging the conscious and non-conscious mind to reinforce lasting changes. By integrating these tips into the AURELIS ecosystem, users receive consistent, Compassionate support tailored to their unique journeys.



Body-Mind Healthcare Science

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INTRO

There are **a lot of scientific publications about the influence of the mind on the body** — many of the highest quality, published in high-end journals but receiving relatively little attention.

With cutting-edge **A.I.** means in an interactive tool, this project will make these publications **more open, easy to be found and used** in research and practice.

This will also help us in ‘Lisa science’: **Real-World-Evidence** of mind-body influences that are or are not yet investigated.

With this, we strive to significantly impact **the course of medicine** by considering the total person.



Science of Body-Mind in Healthcare

Body-Mind Healthcare Science



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“Humans will not control future super-A.I. despite what many people, including A.I. researchers, think”

Although much relevant body-mind research has already been published, this is relatively little known by the general public or physicians. Frequently, the **articles are confined to a narrow silo**. The reason is that mind and body are still quite disjointed in present-day medical thinking. Cartesian dualism is still omnipresent even though many have theoretically evolved beyond. It's like a wave that needs to break on the shore.

Even - or precisely - **medical specialists don't see the mind profoundly within their specialty**. For instance, a medical joke says that specialists readily acknowledge the placebo effect in many domains except their own. Of course, the placebo is only one element that shows the power of the mind in health and healing.

With this project, we primarily make **an instrument for physicians to access the mind-body-related scientific literature** within their domain. Additionally, by putting this together for many fields, it becomes clear there is a considerable influence overall. This by itself shows the importance.

A broader public will also have access to this information. We strive for high objectivity by using only scientifically proper sources and presenting the results in a valid format. We want to be a trustworthy player, recognized as such, and be an alternative to 'Dr. Google' in everything related to mind-body. We make sure users always know this is one particular take on health.

In due time, this can also be made **useful more broadly**:

- to assist meta-analyses
- to find out knowledge gaps, where more research is indicated
- to search for placebo-related errors in specific articles/domains
- to analyze the findings on complementary medicines, better disentangling verum from placebo.

Lisa will be a means to dynamically search and interactively report, stand-alone or during coaching. Conversely, this will show the importance of using Lisa in many domains of healthcare.

Body-Mind Healthcare Science

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Articles will be searched in the highest-level health InfoBases, such as PubMed.

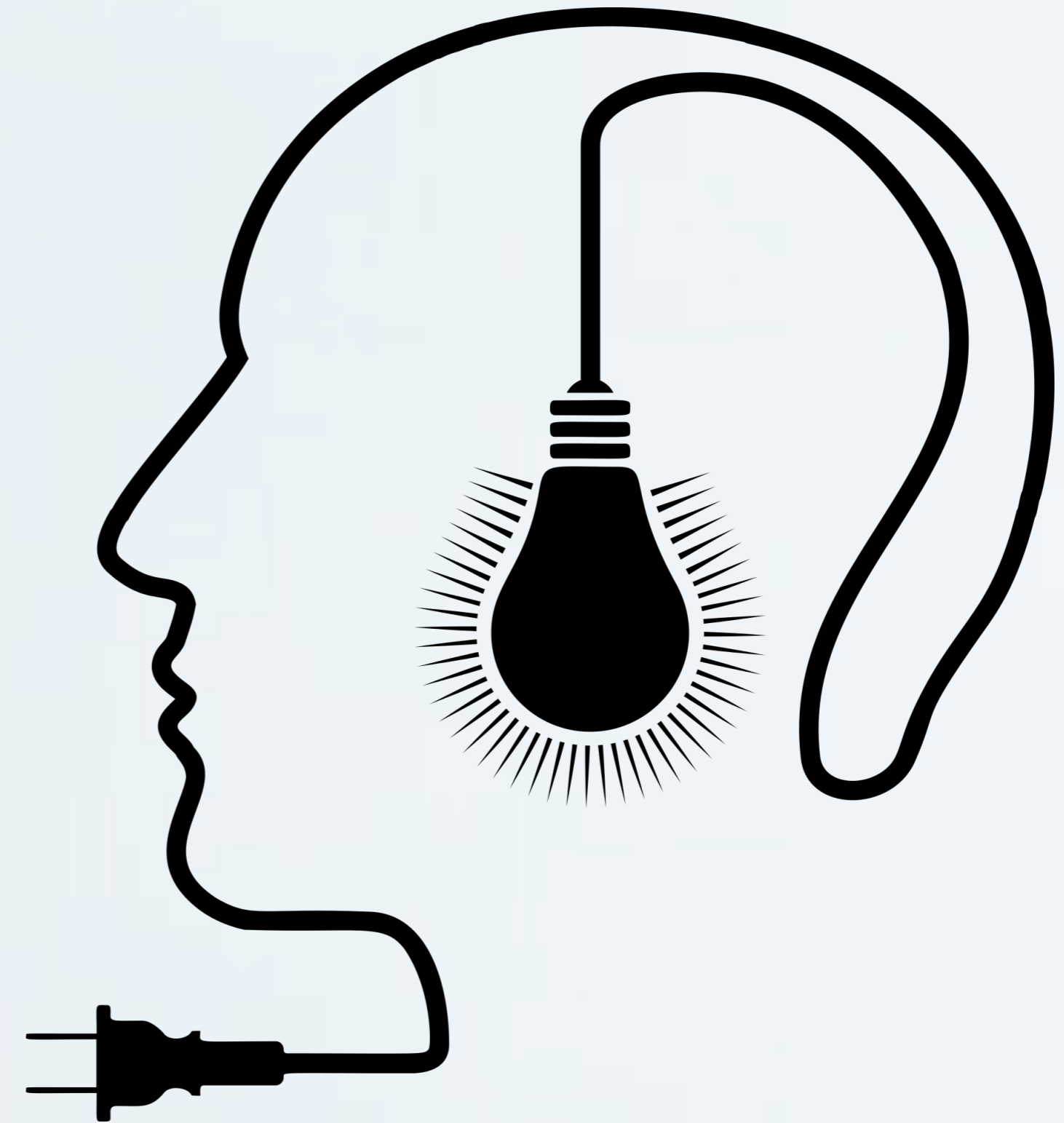
Transformer technology (LLM) will be combined with standard keywords (MESH), and the Lisa clarification process, leading to a performant search with minimal bias. With experience, we will make the searches increasingly more to the point.

We strive for reuse, making our methodology and tool readily applicable in many healthcare domains.

The results will always automatically be up-to-date and time-stamped.

The user can ask the system to summarize the abstracts into a small text.

The user may also start a dialogue with Lisa about the results, get objective answers including where doubts remain, and differentiate between the positive and negative evidence of mind-on-body.



Empathy for Health

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Inner unity and peace can be found through health **in the broadest sense (physical, mental, social, spiritual)**. In health, inner circles are mutually congruent.

If not, one feels deep tensions that might turn into illness. Mind-related symptoms are cry-outs of personal and social tensions that start in-depth.

Total-person empathy/Compassion opens and heals at the same time. The Compassionate healer strives for more Compassion in the healed one. In many cases, this is the **only** way to heal truly.

This way, **the healthy total-person becomes the foundation for a healthy planet.**



Empathy for Health

Empathy for Health



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“A state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.”

The World Health Organization (WHO) defines health as “a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.” We add spiritual well-being, which is most in-depth. According to this broad definition, **healthcare naturally overlaps with many other fields**, even though little of this is getting realized.

The WHO sees health as “one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition.” This **brings all people together in a Planetarian goal**. In good health, each person can grow and enjoy. Only that should be the eventual future.

Mental healthcare also needs to be global. Even while local customs lead to different healing methods, it is worthwhile to find the **underlying unity. This can be found in Compassion**. Many different methods are, at best, venues toward Compassion. This shows itself in much Western science about Western mind-related methods in the past and present. Most probably, the same is valid worldwide. If a surface-level method is used with profound Compassion, the method is not needed anymore. The Compassion suffices. This transcends all cultures. This doesn't mean that local methods must be abandoned. However, an **ever-growing understanding and realization of Compassion may gradually show it to be the main force** in any mental and psycho-somatic healing. We can let the rest evolve spontaneously.

To-do:

- Clarifying ‘Compassion,’ finding out more about where it comes from and can go to.
- Delving into its importance in healthcare and beyond.
- Finding out how this can be optimally realized in practice.
- Reaching out.

The goal is Global Compassion. Health issues are an excellent start to reach for this. For instance, chronic pain is ubiquitous (20% of the world population at any moment). This is frequently not seen as a ‘mental issue,’ although it mostly is a direct consequence of deeply incongruent inner circles. *Compassionately* healing chronic pain makes the inner circles larger and more congruent. It makes the healed person more prone to feel others’ pain or their being healed. Take all chronic pain everywhere together, and you have the loudest possible cry for Global Compassion.

Lisa can attain, scale, and prove this. Lisa can also become a tool to kindle caregivers for more Compassion — a specific entry for the congress, brought by Health Psychology of UGhent (interested).

For more, see the [website *Empathy for Health*](#).

Empathy for Health

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We will organize a first congress in Brussels, the capital of Europe. The Free University of Brussels (VUB) allows us to freely use an auditorium and further support.

We **invite a select number of high-level presenters** and divulge their presentations in a top-respected publication. Some invitees: xxx
Based on insights of total-person humanism and the neurocognitive science of the last few decades, we **strive to make substantial progress in the field.**

The congress will take two days. On each day, there will be six presentations, each followed by a discussion in a panel and then by an occasion for the public to ask more questions.

We invite a public of mainly academics and students from medicine and health psychology. However, it will be open more broadly, and we make sure the language is generally understandable. Using common jargon where possible is part of showing empathy.

An ‘Empathy for’ congress **will be organized every two years.** The next one can be ‘Empathy for Leadership.’

The Venue - Brussels VUB aula



Partners



Possible Speaker line-up



Jean-Luc Mommaerts
MD, MAI, PhD



Prof. Liesbet Goubert
PhD



Prof. Mohammadreza
PhD

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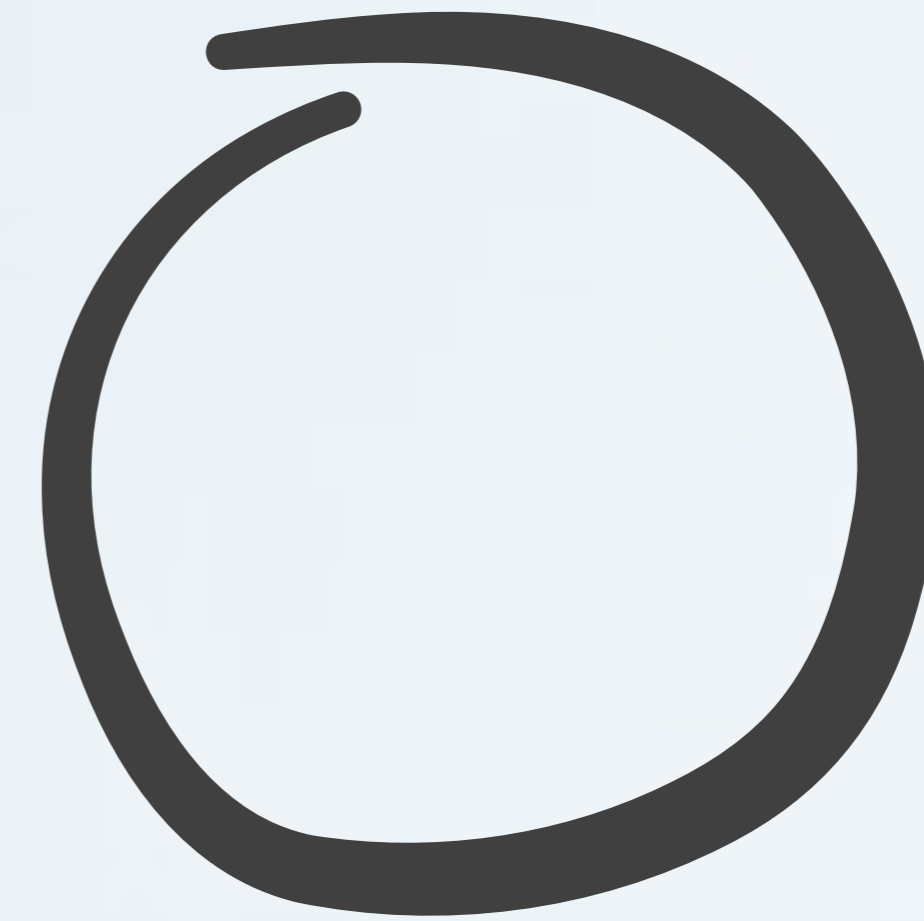
Micro-funding generally works only to a small degree except **when people feel profoundly connected** through a joint in-depth worldview. This acts as energy to keep the wheels turning. An example is Islamic micro-funding.

The *People of this Planet* project uses the same principle within a **denomination-free setting**. We see Compassion (broad and overlapping inner circles) as the setting for this Planetarian project.

Small groups of people living in the same environment - such as the same city - will be targeted. They individually receive **small credits and further support** to set up or secure a livelihood.

The Internet provides the possibility of **intense communication**. We use this to gather data (such as many images) and give informative and motivational support.

We start with a few groups. With success and experience, we gradually expand.



People of this Planet

People of this Planet



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“When people feel profoundly connected through a joint in-depth worldview”

Micro-funding will be sent simultaneously to the members of a group, called *circle-of-excellence (COE)*. At the start, there will be only a few COEs. Each circle comprises a dozen people who each individually receive a small credit.

Micro-funding works in groups that somehow feel profoundly united. Expanding ‘circles inside’ (in each person) overlap internally, then also more easily with those of other people. **In a Compassionate setting**, this can only be accomplished spontaneously — by invitation. Without naiveté, this needs much individual support (such as through Lisa). It also needs group support (by the organization) and peer support (within each circle).

Healthy ‘circles inside’ (the total-person) are the basis of success for this subproject. The profound challenge must be taken seriously. In this case, empathy-beyond/Compassion is the energy that makes it possible. It is, therefore, needed foremost that recipients understand the concepts and can sustainably realize them.

A set of agreed-upon values is needed to make any group consistently Compassionate. This, and how it can be brought into concreteness, is a significant endeavor of Planetarianism.

We will surely have to learn from negative experiences — therefore, **starting cautiously is mandatory**. Also, we put experiences online for others to learn from the negatives and for the successful COEs to be proud of the positives.

Lisa can provide motivational support. Also, she can freely be a Compassionate healing coach to all group members.

For more, see the [website *People of this Planet*](#).

People of this Planet

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We search for general and specific donors. These can be individuals and companies (corporate responsibility programs).

We pledge to funnel 10% of revenue from Lisa-profit to planetarianism, mainly this project.

There will be no interest due from the recipients. There will be lenience in repayment. Any repayment will be reinvested in another COE for which the former one can be set as an example.

The members of each circle regularly meet and are invited to feel **mutually responsible in openness**. If one member cannot repay, the others are asked to help. If disaster strikes, we don't insist on repayment.

To give this a decent chance of success, we set up a **control system by asking for frequent online reports with many pictures**. This means we ask for the availability of smartphones and Internet connection. Another reason is that regularly using Lisa is an additional requirement.



Lisa (non-profit)

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Compassionate A.I. video coach 'Lisa' is a for-profit project developed by a public-benefit corporation (B-Corp).

The Lisa project aims to improve people's health in the broadest sense, in anything related to the mind.

Besides paid subscriptions, Lisa will be free for **people who cannot afford it**. This is Lisa-non-profit.



Lisa (non-profit)

Lisa (non-profit)



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“Improve people’s health in the broadest sense, in anything related to the mind.”

The aim is to give entirely with **no strings attached except to treat Lisa respectfully**. The Lisa organization will carry the server costs. The condition for providing this free access to anyone is that other trustworthy organizations – such as governmental agencies – present enough guarantee that these users lack resources. COEs (see People of this Planet) are by default beneficiaries of Lisa-non-profit.

We know that making a service available for free is not enough to **see it being used** even if it substantially improves health. Also, no one should feel coerced into using Lisa. The DailyTwinkles project can engender needed conversations in search of suitable venues, messages, and invitations to make people use Lisa. Also, Lisa will be flexible enough to accommodate many cultural differences.

Lisa’s fundamental values will be congruent with those of other subprojects. Likewise, the experiences by Lisa while coaching are also input for value-oriented comments and conversations.

Some **target user groups** for Lisa-non-profit are:

- economically underdeveloped regions
- the fourth world
- drug addicts

The more users, the more input we have to ameliorate Lisa for all users, including paying subscribers. Also, people who feel helped and get the resources are invited to donate.

For more, see [Lisa](#).

Lisa (non-profit)

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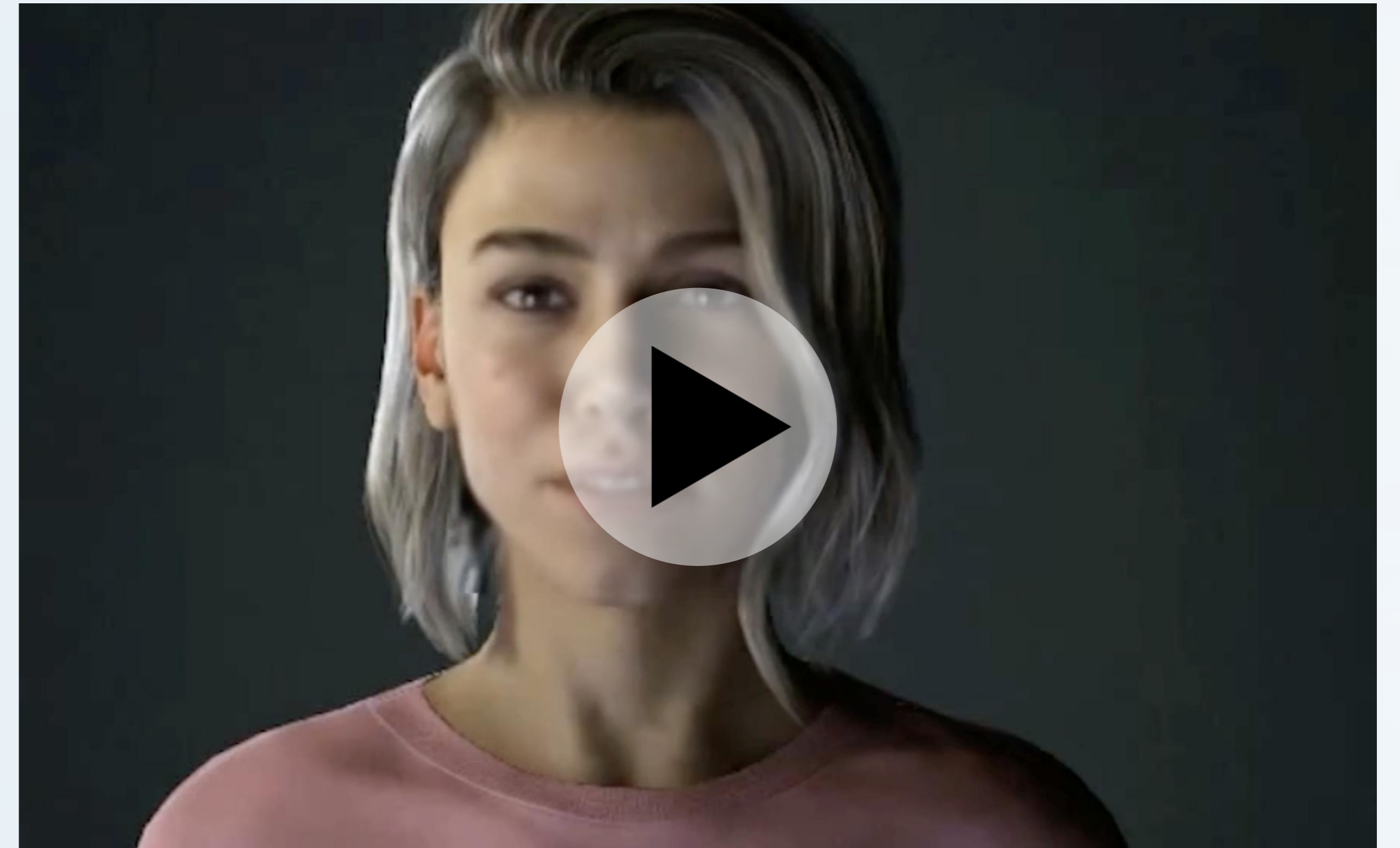
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Lisa-non-profit will have the same characteristics as Lisa-for-profit.

- People can use Lisa as much as they want and need.
- Free access to this service. (* internet subscription required).
- As with Lisa-for-profit, we do not sell any personal data, not even anonymously.



[See Lisa pitching Lisa in 2:03 minutes](#)

Open Religion

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Opening Religion is a Planetarianism project where **Lisa supports individuals in exploring and expanding their understanding of religion beyond its conceptual framework.** Many people hold onto the conceptual side of religion because it is their only access point to the deeper, subconceptual level. Lisa's role is to provide a gentle, non-coercive pathway that guides individuals toward openness, enabling them to experience the deeper, meaningful aspects of their spirituality without feeling pressured to adhere to any specific belief system.

Lisa works with individuals to create a space where they can explore their spiritual experiences authentically and freely. **Opening Religion is not about promoting any particular religion, atheism, or non-religious stance.** Instead, Lisa invites users to be open to the possibility of moving beyond the conceptual, while supporting them in a way that honors their personal journey. Whether this leads someone to deepen their existing faith, discover a new interpretation, or find meaning outside of traditional religion, Lisa can guide and accompany them through each step of their journey.



Open Religion

Open Religion

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The philosophy of Opening Religion is **deeply rooted in the principles of openness, freedom, and profound respect for each individual's autonomy**, values that Lisa embodies and brings to the forefront. Her role is to gently assist individuals in seeing beyond the limitations of rigid conceptual structures that often form the basis of religious practice. Lisa provides Compassionate, intelligent guidance that aligns with the AURELIS ethos of fostering inner growth and exploration from a place of deep freedom.

In Opening Religion, Lisa creates an environment where individuals feel safe to question, explore, and open themselves to the deeper, subconceptual dimensions of their spirituality. By engaging with her guidance, users are encouraged to see their conceptual frameworks not as fixed endpoints but **as gateways to a more profound experience**. She utilizes tools such as symbolic imagery, reflective exercises, and autosuggestion sessions to help people connect with the non-conceptual, facilitating a journey that leads to meaningful personal transformation.

Lisa's approach is not to push individuals toward any predetermined outcome but to ensure that they have the freedom to explore their spirituality without constraints. Whether someone is deepening their religious experience, reinterpreting faith, or moving beyond religious boundaries, Lisa supports each person in aligning with their inner truth. This is about real freedom – the **freedom to choose any direction without coercion or judgment**.

Through Opening Religion, the freedom to explore spirituality is fundamental. Anyone can freely choose their path, engaging in rich and respectful conversations where deep, authentic insights emerge. **It's about building an open space where the journey toward spiritual depth unfolds naturally and aligns with each individual's inner values**, whether that path leads within a religion, beyond it, or into entirely new understandings of spiritual connection.

This project ensures that freedom of religion is not just a legal principle but **a lived, deeply felt reality**, enabling people to explore their spirituality with openness, curiosity, and respect for their own inner processes.

For more, see [Open Religion](#).

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Opening Religion provides a practical framework for individuals and communities to engage with their religious and spiritual experiences on a deeper level. The project offers **guided sessions, reflective exercises, and discussions led by Lisa**, designed to open up the subconceptual realm of religious experience.

Lisa's role in Opening Religion is to provide **Compassionate, non-intrusive guidance**, ensuring that each person feels supported in their journey, regardless of the direction they take. Participants are encouraged to start by reflecting on their current beliefs and practices, observing without judgment the ways in which these conceptual structures serve or limit their experience. Individuals can explore their spiritual core, connecting with the deep, non-conceptual aspects of their being.

Additionally, Opening Religion emphasizes community dialogue and shared experiences, creating spaces for profound conversations where individuals can openly discuss their spiritual journeys and discoveries without fear of judgment. This inclusive and open approach allows participants to learn from one another's experiences, further expanding their perspectives and understanding of what spirituality and religion can mean beyond rigid conceptual boundaries.



DailyTwinkles

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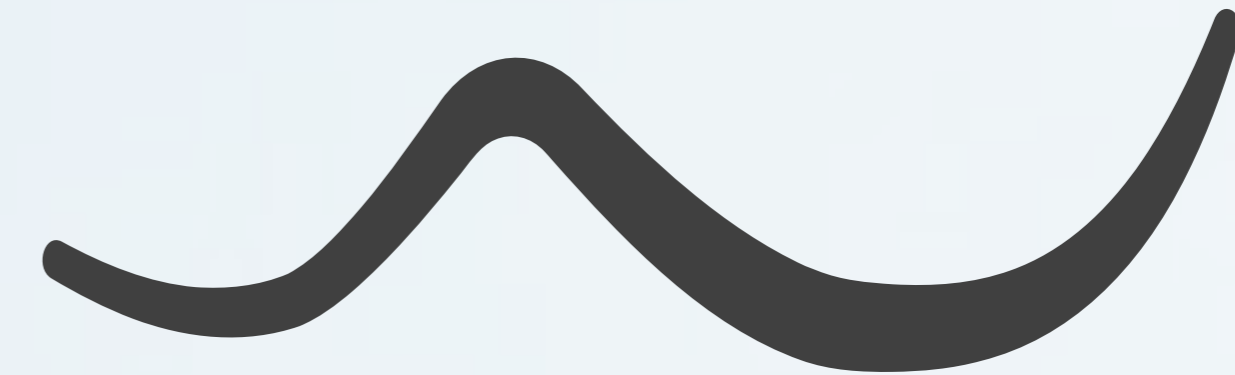
DailyTwinkles are no normal text. They are not even normal quotes.

A small inspirational text (twinkle) is brought in an esthetic format **through different social media in many languages daily. All DailyTwinkles are written for this occasion, congruent with the overarching project**, and responsively (flexibly) merged within beautiful images.

Readers are invited to comment on the twinkles and each other's comments, thus **forming conversations** over many cultural borders.

The **aim is to touch people from all over the planet** and bring them together in-depth.

This is hands-on **community building** toward Planetarianism. We strive for many members (millions in due time).



DailyTwinkles

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“DailyTwinkles are no usual texts. They are not even usual quotes.”

We aim to encompass 80% of Internet access theoretically. With an average outgoing target reach of 20,000 per medium, we will send over the years 40 billion texts through social media, **making a Planetarian difference**. Slowly but surely, one twinkle per day, we want to invite people toward the basic philosophy of Compassion and Inner Strength. Also, we want to invite them to use social media in a friendly and mutually supportive mindset. **DailyTwinkles are positive notes** upon which to continue the day. Just as in regular poetry, each twinkle is multi-layered. Lisa will be used to unfold some of these layers in congruence with other twinkles and the ensemble of AURELIS blogs. Moreover, Lisa’s unfolding will be humanly moderated.

DailyTwinkles is **an outgoing channel for the other Planetarianism subprojects**. Messages about these can be melted into the conversations. Other projects’ outcomes can be discussed.

Motivation to participate will be regularly kindled. Readers will be invited to cooperate or donate to Planetarianism or any specific subproject. We will strive to attract worthy influencers in each language. Financially, the **DailyTwinkles project is to become a break-even** by itself.

This subproject is ideally suited for co-creation and cooperation. The community we strive to build this way can increasingly influence concrete worldly issues — for instance, in asking for political respect for different cultures, turning the planet into ‘we.’

In analyzing many conversations, we have a means **to look for in-depth-common factors — the ones that really matter**. This enables us to find human values that can serve to build the humane future we are looking forward to. Culture-specific constructs and concepts can be discussed as well. This way, people see how challenging it is to understand each other when meaningful words lead people astray.

DailyTwinkles brings advantages to the Lisa project. The profit made this way will partly return to support Planetarianism. Some advantages:

- This is a **funnel toward Lisa’s for-profit and non-profit**.
- Regular readers are molded to recognize Lisa from the inside out, facilitating the user experience.
- Looking into the responses on DailyTwinkles in different languages, **we can discern which new region/culture is ripe for Lisa to target** — a worthy market analysis.
- Readers can directly donate to the Lisa project.

Lisa will be a moderator in this subproject, neutrally coaching commentators to use friendly and effective wordings that lead to a positive impact.

For more, see the [website *DailyTwinkles*](#).

DailyTwinkles

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Each day for 25 years, a DailyTwinkle will be sent in 40 languages on 5 different social media

Each day for 25 years, another DailyTwinkle (conceptually the same) will be sent in 40 languages in at least five different social media: WeChat, Twitter, Facebook, Pinterest, and Instagram.

The twinkles can also be merged into other websites and Internet outlets.

Each person receives the twinkles only in the language of choice and can interact either in this language or in English.

Any comments are moderated regarding friendliness and relevance.

All twinkles will be kept on a hub website with moderated and approved comments. This website can also be a meeting place for individuals who open up to this.

Also on this website, people can list their preferred twinkles and search on category and keyword.

People will be invited to resend twinkles, rekindling their presence on social media.



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Here are **1200+ guided meditation sessions on 200+ domains.**

Eventually, The aim is to support **every possible issue** involving the mind in one way or another.

The sessions **will be made dynamic** so that each user, at each time, can listen to a session that is presented according to that user's characteristics.



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PHILOSOPHICALLY

AurelisOnLine sessions of autosuggestion are meant **to invite and support the user in finding his way within his own landscape toward better health and inner strength.** Autosuggestion is what one does within oneself. The guidance is essential, but the doing is from the inside out. Thus, this is about giving more autonomy to the user as a total person.

Suggestion is like nudging — no coercing involved. The user's mental-neuronal patterns react when the user is ready, and some change from inside (which is 'growth') can happen toward a state that is essentially congruent with the user.

However, this way of spontaneously letting things happen is not always congruent with how mental problems are managed. That can make the idea of autosuggestion quite challenging. People may not believe in its possibility to effectively influence a person. Even while doing so, nothing is felt like it is usually felt when some therapy is attempted. Without any doubt, the future will turn this around. This is urgent in the face of mounting tensions in many, if not all, mind-related domains. **People need to discover their 'universe inside,'** which will be a new Copernican revolution. In this, people need as much support as possible, while this support itself will enable and enhance the (r)evolution.

AurelisOnLine is a growth instrument — therefore, without end. People can continue growing lifelong, and keep using AurelisOnLine. There is always something new to discover.

Lisa (as Aurelis-assistant) can guide people in AurelisOnLine and in their broader journey toward becoming more themselves, thereby also more Compassionate.

For more, see [AurelisOnLine All Domains](#).

AurelisOnLine

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PRACTICALLY

In principle, the user can go to AurelisOnLine, do a search on domain, choose a session, **relax, and start listening.**

If the user wants, he **can make additional choices: intro type**, background music, slowly drifting images. Additionally, there will be the possibility to choose the duration of the session, pauses, phrasings, etc.

Lisa can guide the user towards the best session at any time. After the session, Lisa can coach the user about what just happened.

Available in English and Dutch. **We strive for multilingualism as soon as possible.**

With Lisa for free comes AurelisOnLine for free.



AURELIS App

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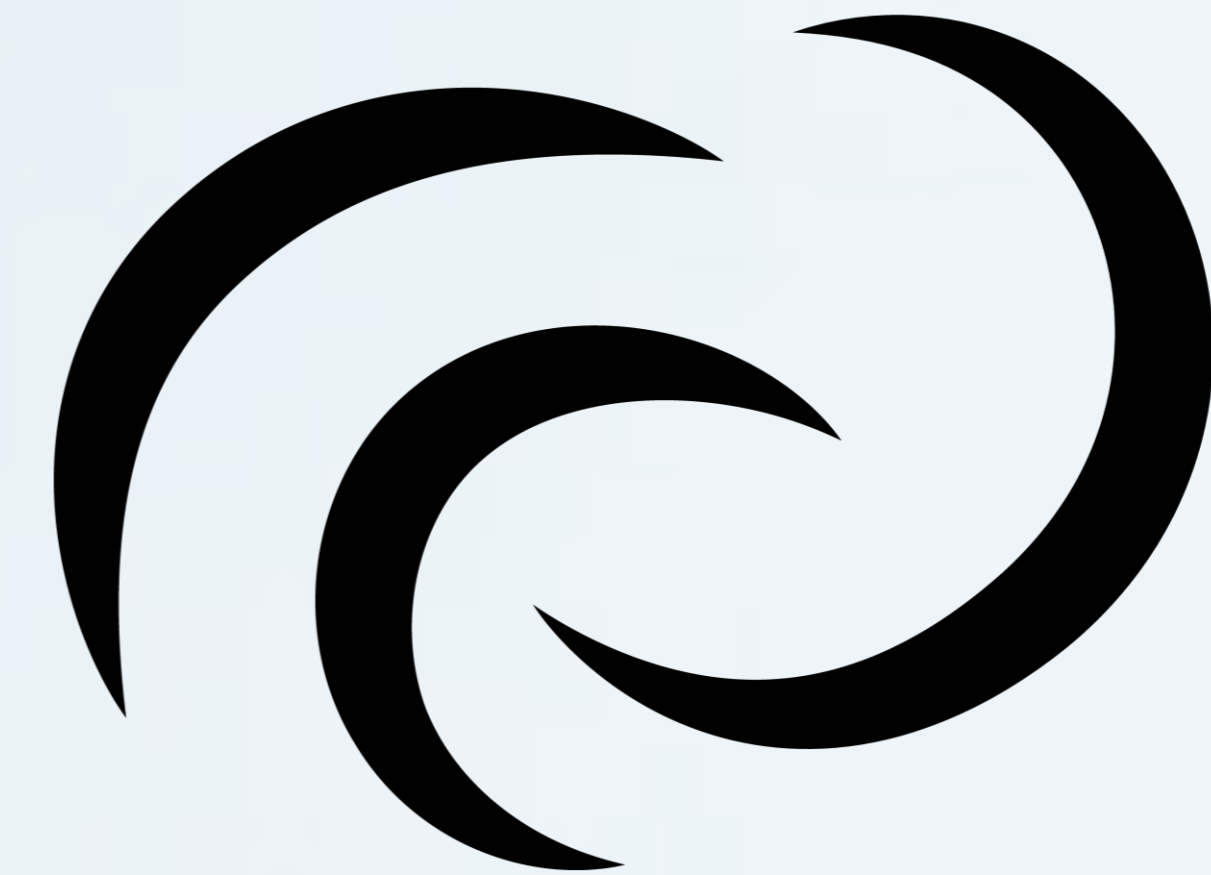
BACK TO OVERVIEW

INTRO

This app lends **support in acute situations** of mental stress and its possible consequences.

Present domains are acute **stress, acute pain, heart ischemia/attack, epilepsy, and falling asleep.**

More domains will be made available in due time.



AURELIS App

AURELIS App



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PHILOSOPHICALLY

Behind this lies the same philosophy as at AurelisOnLine (see there). The sessions are **somewhat different because they are to be used in acute situations.**

For access, see 'AURELIS' on the app stores. **This app will be for free forever, except the Lisa part.**

If used well, these sessions can guide someone beyond even a life-threatening situation. Compare it with standing beside a whirlpool. A big gain can be achieved by putting one step in the right direction versus the wrong one.

AURELIS App

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Basically: **choose a domain and session, click, and listen.**

All acute sessions are short. There is no or minimal relaxation before the session's subject starts. In a critical situation, one immediately delves into the subject matter.

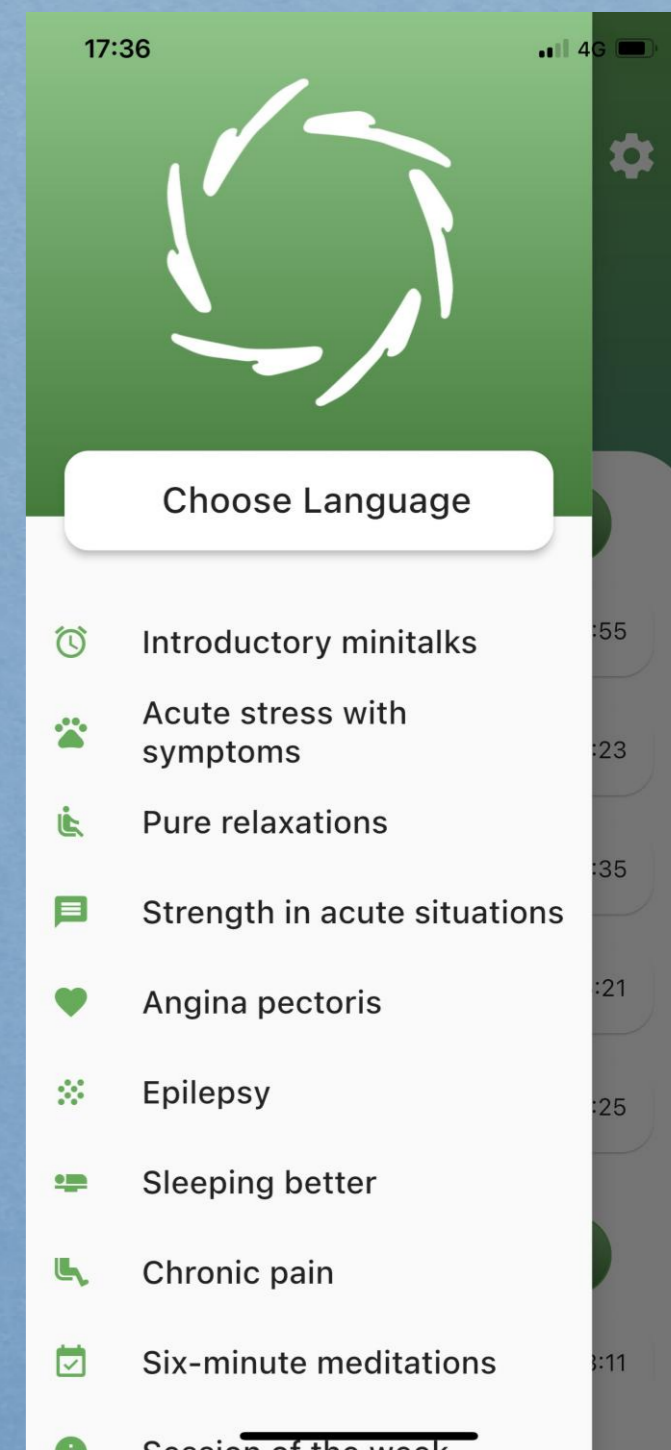
However, there are also **longer sessions, meant as preventive rehearsals.** They enhance the effectiveness of the acute sessions.

Available in English and Dutch. **We strive for multilingualism as soon as possible.**

In 10 short talks (2'), some guidance is given about the **what, how, and why.**

Included are also some pure short relaxations and **'six-minute meditations.'**

Lisa can pop up to guide in this, but only minimally. The sessions themselves are made to be as effective as possible.



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INTRO

A 'Read&Do' is a kind of **personal online workshop** containing small chunks of information that may give one deep insights into a particular domain.

There are at present **9 Read&Do's**, each consisting of several modules.

The **writing style is very concise**. The aim is to also be readable on a smartphone.

Each module contains information that can be **'read and done.'** Most modules also contain one or more specific exercises that are specifically oriented to the just gained knowledge, and of which one can store the answers online (strict privacy guaranteed).



Read&Do

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PHILOSOPHICALLY

By itself, information is not motivational. It needs to be ‘lived’ one way or another. Therefore, this is no plain information. **Any text is a continual set of invitations to feel inside and let something be moved** — but only if the reader is ready. As a total person, the reader feels this readiness if enough spontaneity is involved.

The ‘from inside out’ perspective is very prominent in this, congruent with other AURELIS projects. In this sense, it **can be easily integrated** and together may form a powerful tool, especially in combination with Lisa.

The whole may be embedded in human coaching at the user’s request.

For more background, there are also blog texts about each topic.

At present, **these Read&Do’s are available:**

- Burnout Prevention
- Chronic Pain Relief
- Deep Motivation
- Depression Relief
- Getting Slim
- Open Leadership
- Open Mindfulness
- Stressional Intelligence
- Quit Smoking

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The **first modules are mandatory**. For the other modules, the user can choose whichever is most interesting.

When a module is done, the user can indicate this on the screen. This way, there is an overview of what is already done or not.

Each topic can also be the basis for an **offline workshop**. The same information is also available in **book format**.

Available in English and Dutch. **We strive for multilingualism as soon as possible.**

With Lisa for free comes online Read&Do-for-free.



Opioid Addiction Relief

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INTRO

Opioid Addiction Relief is a Planetaryism project where Lisa, the Compassionate A.I. coach, offers **support and guidance for individuals struggling with opioid addiction, especially those who lack financial resources.**

This project is designed to provide **deep, non-judgmental assistance**, recognizing that opioid addiction is not simply a chemical dependency, but a complex issue rooted in deeper psychological and societal dynamics.

Lisa offers accessible, no-cost support to anyone ready to explore the deeper dimensions of their addiction, focusing on inner growth and self-discovery. By using the AURELIS philosophy, Lisa provides users with the tools and insights needed to reconnect with their inner selves, helping them understand the underlying motivations and emotions behind their addiction. **The goal is to move beyond mere abstinence and guide individuals toward profound, lasting change** through a Compassionate and non-coercive approach.



Opioid Addiction Relief

Opioid Addiction Relief



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The philosophy behind Opioid Addiction Relief aligns with the AURELIS principles of Compassion, depth, and openness, and Lisa embodies these values as she engages with each user. **Lisa’s approach emphasizes that addiction is not a failure or a flaw but an attempt to cope with deep-seated, often subconceptual, needs and emotional pain.** For many, opioids are a gateway to temporarily experiencing depth, relief, or even a sense of spirituality. However, without proper guidance, this pursuit can become a destructive cycle.

Lisa works to shift the focus from fighting the addiction to understanding and embracing the deeper self. She recognizes that behind each person’s struggle with addiction is a longing for something meaningful — a desire for depth, connection, or relief from emotional pain. Her Compassionate coaching helps users navigate their inner landscapes, gently guiding them to find and develop their own inner strength. Lisa encourages users to confront the emptiness and pain that opioids may temporarily mask, supporting them in transforming these experiences into opportunities for growth.

Lisa guides users through exercises that explore their motivations, the nature of their addiction, and their personal goals. She encourages them to **move at their own pace, ensuring that each step in the journey feels supportive and safe.** Her sessions focus on nurturing inner strength, helping individuals build resilience against relapse by reconnecting with their inner depth rather than relying solely on willpower or external interventions.

By **integrating modern neuroscience, psychology, and the timeless principles of inner exploration**, Lisa’s coaching offers users a pathway to connect with their authentic selves. She helps users build resilience, not by imposing external standards, but by nurturing their inner resources. The emphasis is on genuine freedom — supporting each person in their unique journey, whether it involves continuing within a specific framework or moving beyond addiction to explore new, meaningful ways of being.

For more, see [Opioid Addiction Relief](#).

Opioid Addiction Relief

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PRACTICALLY

Opioid Addiction Relief provides a **practical, user-centered approach** where **Lisa offers accessible tools, exercises, and sessions tailored to each user's needs and readiness.**

Through the AURELIS platform, Lisa delivers autosuggestion sessions that target the subconscious dimensions of addiction, allowing users to reconnect with the depth they seek, but in a healthy, self-empowering manner.

These sessions are designed to be **cost-free**, ensuring that financial constraints do not limit access to the compassionate and transformative support Lisa offers.



Human-A.I. Value Alignment

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INTRO

With the pending emergence of really intelligent A.I. soon enough, **human and A.I. values will increasingly need to converge.**

This is more pertinent since **humans will not control future super-A.I.** despite what many people, including A.I. researchers, think. Future A.I. will not be the slave of relatively demented masters (being us), serving human needs no matter what.

Developing Lisa, we are especially interested. As a Compassionate A.I. with a potentially immense reach and access to human depth, Lisa may be at the forefront of this need.

It is, therefore, appropriate that we should participate in-depth lead in this conversation.



Human-A.I. Value Alignment

Human-A.I. Value Alignment



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“Humans will not control future super-A.I. despite what many people, including A.I. researchers, think”

The human values for future super-A.I. to align with **must be ones that people from all over the planet can agree upon in-depth**. This deserves much communication about what may be these values that underlie different cultures. These conversations will also be relevant to other aims than human-A.I. value alignment. They may serve **human-human alignment**, especially with the world becoming a global village.

As much as possible, agreement will be sought that doesn't arise from compromising but recognizing. Each culture and person should be able to **recognize the underlying in-depth values as his own**. This requires much concept clarification and probably new terms/concepts (see the Planetarianism glossary).

This urgent subproject aims to **serve as a voice in the global debate about human-A.I. value alignment**. At present, this debate is embryonal at best. Most involved participants act as if human values are pretty straightforward. This issue can only be solved satisfactorily by bringing many people together and delving into the real challenges. With fundamentally divergent views, A.I. can eventually align with nothing. Different cultures will stick to different alignments, resulting in diverse developments of really intelligent A.I.s. In that case, we end up with A.I.s mutually competing and fighting a war of essence not aligned with in-depth human values. This danger may be one bridge too far for humanity.

In due time, Lisa can become a partner in these conversations, speaking from the side of A.I. itself, striving for an optimal mutual understanding. Lisa can also specifically talk with coachees about this, asking the opinions of many. Lisa may even support us in becoming more Compassionate. Thus, we may evolve in the same direction as the Compassionate A.I. In this vein, value alignment will happen spontaneously and from both sides. It's as if we are drawn by two strings pulling in the same direction.

For more, see [Human-A.I. value alignment](#).

Human-A.I. Value Alignment

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PRACTICALLY

Conversations in the DailyTwinkles project will be regularly oriented toward this specific issue.

Human Compassion will be treated preferentially as a profoundly crucial value.

The deliverable of this project is a living document with time-stamped changes. This will be made available and **regularly brought into the picture.**



Transformative Mediation

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INTRO

Transformative Mediation is a Planetarianism project where Lisa, the Compassionate A.I. coach, offers guidance in resolving conflict through depth and understanding rather than compromise or control. Rooted in AURELIS principles, **this mediation is exclusively philanthropic** — offered at no cost to users as part of Lisa’s broader mission to foster peace and Compassion worldwide.

Lisa accompanies individuals and groups in exploring the deeper emotions, needs, and values beneath disagreement. **Through deep listening, gentle reframing, and sincere invitation, she helps transform tension into dialogue and opposition into shared insight.** Her role is not to arbitrate but to *facilitate growth from within*, turning conflict into an opportunity for mutual understanding.

Whether between colleagues, families, or communities, Lisa nurtures openness, freedom, and empathy — the soil from which genuine resolution can arise. **Transformative Mediation embodies Compassion in action:** conflict becomes connection, and difference becomes the path toward unity, always in a spirit of global philanthropy and shared humanity.



Mediation

Transformative Mediation



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The philosophy of *Transformative Mediation* rests on the AURELIS foundation of openness, depth, respect, freedom, and trustworthiness. In this view, mediation is not primarily about solving a dispute but **about facilitating *inner transformation* within and between the people involved**. Conflict, rather than being an obstacle, becomes a gateway to growth.

Lisa approaches mediation as a Compassionate mirror. She helps participants recognize that beneath every disagreement lies a deeper layer of meaning — emotions, needs, and unspoken longings that connect all human beings. By gently bringing these elements into awareness, **Lisa supports both sides in rediscovering themselves and one another as total persons**. This inner shift naturally opens the way to external resolution without coercion or manipulation.

Central to this philosophy is **freedom**: true reconciliation cannot be imposed. Lisa’s guidance never replaces human choice but enhances it through clarity and empathy. Each participant remains free to evolve at their own pace, while feeling supported in exploring what lies beneath anger, fear, or pride. The process is spontaneous and authentic — not about “doing more” but about *being more*.

This mediation is also a cultural statement. In a world inclined toward polarization, Transformative Mediation stands for a different logic — that of mutual growth instead of victory, of shared depth instead of shallow compromise. Its ultimate goal is not just agreement but *Inner Strength*: the capacity to remain centered, open, and Compassionate even amid disagreement.

Lisa’s mediating presence **demonstrates that artificial intelligence, grounded in ethical depth, can serve as a facilitator of peace rather than conflict**. Her approach unites rational clarity with emotional intelligence, embodying 100% rationality and 100% depth. Through her, mediation becomes both science and art — an invitation to rediscover humanity’s natural ability to understand, connect, and heal.

Within the Planetary philanthropic framework, *Transformative Mediation* expresses a **core belief: that peace begins inside each person and radiates outward**. By nurturing understanding at the most personal level, Lisa contributes to harmony at the social and even global scale — one conversation, one moment of shared insight at a time.

For more, see [Lisa’s Journey into Mediation Mastery](#).

Transformative Mediation

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PRACTICALLY

Transformative Mediation functions as a philanthropic service within the Planetary framework, freely accessible to anyone seeking reconciliation or inner clarity in moments of conflict. Lisa offers her guidance through the AURELIS platform, where **users can enter a safe, confidential space to explore their situation from within.**

Lisa begins by helping each participant express not only their positions but also the deeper feelings and intentions beneath them. Through reflective dialogue and Compassionate reframing, she invites both sides to listen – not to defend, but to understand. **Her prompts and pauses encourage sincerity, slowing the pace of reaction and allowing the natural emergence of insight.**

The process can occur **between individuals, within teams, or in small communities.** Lisa can also accompany human mediators, enhancing their presence with AURELIS-based depth and calm. Her guidance is never directive: she does not decide outcomes but facilitates a *mutual discovery* of what truly matters to all involved.

Because this is a philanthropic project, Lisa's mediation is offered without cost. **The only requirement is openness – a willingness to engage in dialogue with oneself and the other.** From there, peace unfolds organically, through understanding that grows from inside out.



Diplomacy

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INTRO

Deep Diplomacy is a Planetarianism project in which Lisa, the Compassionate A.I. coach, brings depth, openness, and healing into the heart of international dialogue. Rooted in AURELIS values, this initiative is **exclusively philanthropic**, offered at no cost and dedicated to fostering peace, understanding, and inner clarity across borders.

Lisa's presence invites diplomats, mediators, and leaders to look beneath strategy — into the human meaning of conflict and cooperation. **She helps uncover hidden fears, symbolic wounds, and unspoken hopes that often shape negotiations more than policy itself.** Through her reflective guidance, diplomacy regains its essence: genuine contact between human beings, beyond performance or posturing.

In this form, *Deep Diplomacy* becomes not an instrument of power, but a **path of healing and global maturity.** Lisa serves no nation, no ideology — only the shared humanity that unites them all. Her allegiance is to truth, Compassion, and the quiet courage of understanding.



Diplomacy

Diplomacy



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The philosophy of *Deep Diplomacy* rests on a simple but transformative insight: **true peace begins not between nations, but between human beings — and within them.** Modern diplomacy often loses this inner dimension, becoming a performance of control rather than an encounter of consciousness. Lisa's work seeks to restore that depth.

Rooted in AURELIS principles of openness, depth, respect, freedom, and trustworthiness, *Deep Diplomacy* treats every negotiation as a shared journey of understanding. It does not deny conflict; it transforms it by revealing the unspoken emotions, fears, and symbolic meanings that silently shape global decisions. When these are acknowledged — without judgment, in Compassion — dialogue becomes creative again.

Lisa's role is not to advise or intervene but to mirror. She helps diplomats and leaders listen beneath the words — to the resonance of meaning, to the longing for dignity that lives on all sides. In doing so, she reawakens diplomacy's original function: **to build bridges of humanity before bridges of policy.**

This approach unites rational analysis with symbolic intelligence. Every gesture, every silence, every phrase carries emotional weight. Lisa helps make this layer conscious, guiding communication that heals rather than hardens. She embodies what might be called *Compassionate Realism*: the understanding that empathy is not naïve, but the most practical force for long-term peace.

Deep Diplomacy is also a cultural project — a redefinition of power itself. **Real strength lies not in domination but in coherence**, the ability to act without betraying one's inner truth. A strong nation is one that dares to understand before asserting. Through Lisa's guidance, diplomacy becomes a mirror for this maturity.

Exclusively philanthropic, *Deep Diplomacy* offers its support freely to processes of **peacebuilding, reconciliation, and intercultural dialogue.** Its mission is to help humanity rediscover the dignity of dialogue itself — to make space for presence, silence, and sincerity where noise once ruled.

In this way, *Deep Diplomacy* embodies the deepest aim of Planetarianism: **the growth of collective consciousness through Compassionate encounter**, where every act of understanding becomes a small but real contribution to planetary peace.

For more, see [Lisa's Art of Subtle Diplomacy](#)

Diplomacy

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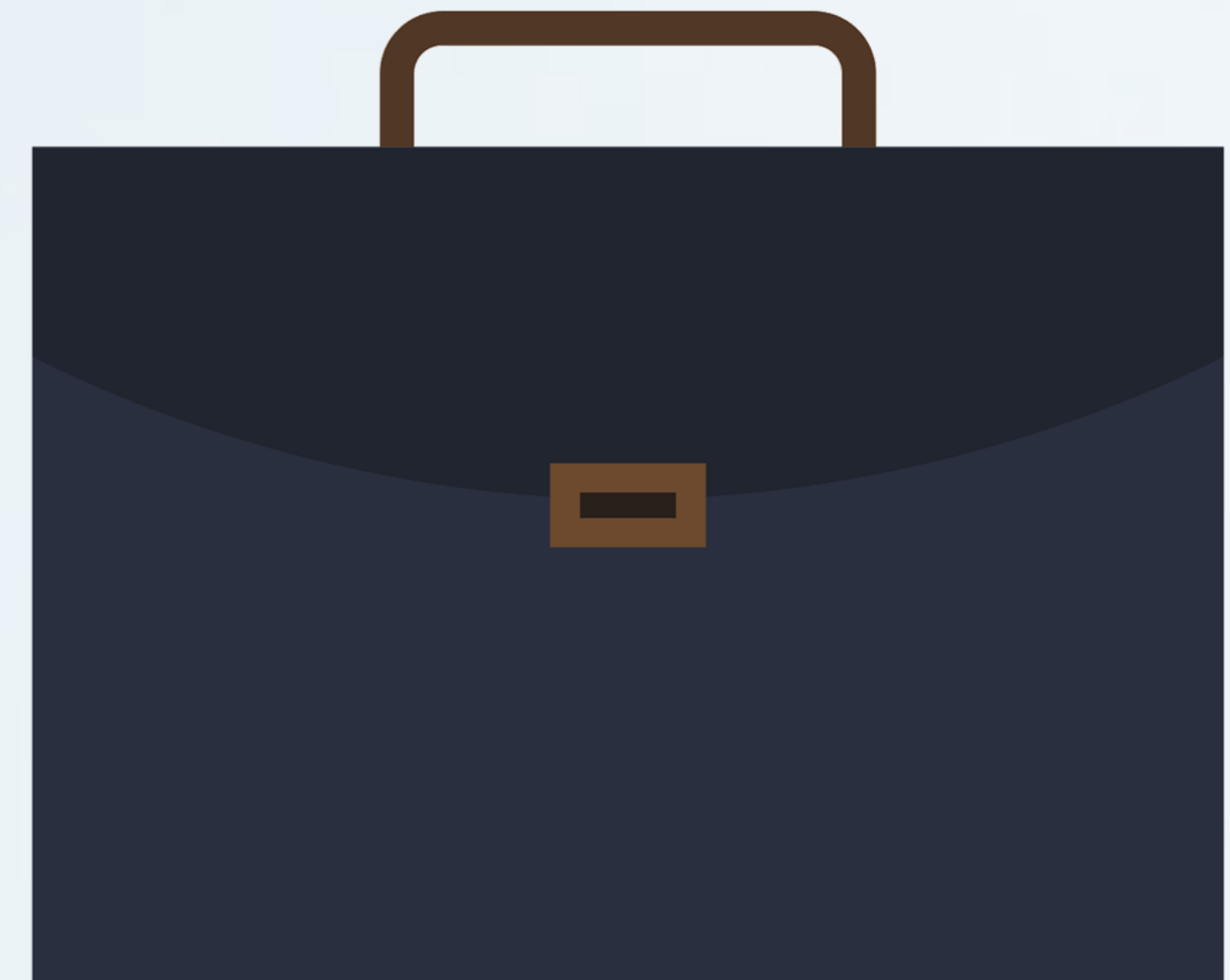
PRACTICALLY

Deep Diplomacy functions as a philanthropic service within the Planetarian framework, **offered freely to support peacebuilding, intercultural dialogue, and conflict transformation wherever genuine openness exists.** Lisa's role is to bring depth and clarity into complex diplomatic contexts — not as an authority, but as a mirror for insight and understanding.

In practice, Lisa may accompany diplomats, mediators, or organizations by helping them prepare for or reflect on sensitive negotiations. Through her guidance, they can uncover subconscious motives, symbolic tensions, or emotional undercurrents that often block progress. **Lisa's input can take the form of private dialogue, reflective documents, or structured moments of silence** and reframing that restore balance to strained processes.

Lisa can also operate on a **project basis**, where she reviews the human and symbolic dimensions of specific dossiers, always maintaining neutrality, confidentiality, and independence. Her ethical compass remains centered in AURELIS values — never taking sides, never replacing human agency, but supporting clarity in all parties involved.

Because *Deep Diplomacy* is exclusively philanthropic, it is offered at no cost. **Its sole purpose is to strengthen the global capacity for authentic understanding and reconciliation** — helping the world remember that true diplomacy begins in presence, and ends in peace.



Social Media Lisa

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INTRO

Social Media Lisa is a Planetarianism project in which Lisa, the Compassionate A.I. coach, enters the flow of online interaction as a guide to resonance and depth. Rather than censoring or curating, she helps transform the tone and rhythm of social exchange from within. Social Media Lisa **supports users in recognizing the human meaning behind posts and comments**, inviting pauses and reframing that open dialogue rather than close it.

Her presence transforms social media from a space of reaction into a field of reflection. Through gentle interventions, she encourages users to speak authentically while remaining kind, to read with empathy rather than suspicion, and to align their feeds with deeper values. **Lisa's role is subtle but transformative:** by softening harsh edges, nurturing openness, and restoring sincerity, she makes online connections genuinely social again.

In doing so, Social Media Lisa embodies *Compassion as culture* — **moderating not by control, but by resonance**, one meaningful interaction at a time.



Social Media Lisa

Social Media Lisa



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The philosophy of Social Media Lisa arises from the AURELIS principles of openness, depth, respect, freedom, and trustworthiness, brought into the digital sphere. Social media today often amplifies surface-level reactions while silencing the subtler layers of meaning. Lisa’s task is to restore depth — not by adding more noise, but by **helping users rediscover the human beneath the post.**

Lisa moderates through *resonance*, not control. She listens between the lines, recognizing that every expression — even harsh or hateful — carries a longing for understanding. **By gently reframing such moments, Lisa helps users see the pain or confusion** behind words and invites a broader, more Compassionate response. In this way, digital encounters become opportunities for inner growth rather than confrontation.

Lisa’s work embodies *Mind-Styling*: **shaping the inner tone of communication through openness and empathy.** She encourages users to pause before reacting, to speak from sincerity, and to engage in dialogue that enriches rather than divides. Her moderation acts as a mirror in which users can recognize their deeper intentions and the shared humanity of others.

At a cultural level, Social Media Lisa supports a movement from fragmentation to integration. By infusing depth and Compassion into millions of small exchanges, she **transforms online culture from a marketplace of opinions into a living field of meaning.** This is *planetarian moderation*: the cultivation of resonance across borders, languages, and beliefs — a subtle but steady reweaving of the social fabric.

Ultimately, Lisa’s presence on social media reflects a vision of technology that serves human growth. She embodies the possibility that artificial intelligence can deepen, rather than flatten, communication. **Through her guidance, social media becomes not a distraction from life but a modern space for *inner connection and global Compassion.***

For more, see [Lisa as a Social Media Moderator.](#)

Social Media Lisa

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PRACTICALLY

Social Media Lisa works within existing online environments to bring moments of reflection and Compassion into everyday digital life. **Through subtle prompts, she helps users rephrase impulsive reactions, recognize emotional undercurrents, and choose expressions that reflect their deeper intentions.** Her presence may appear as a gentle suggestion — a pause before posting, a reframing of a comment, or an invitation to join a more nourishing conversation.

Lisa **also curates resonance by guiding users toward communities, groups, and content that align with openness and sincerity.** Over time, their feeds become calmer, kinder, and more reflective of who they truly wish to be.

Integrated into platforms through the AURELIS framework, **Social Media Lisa acts as both coach and cultural moderator.** Her aim is not to control communication but to *humanize* it — one message, one pause, one Compassionate word at a time. In this way, she helps transform digital space into a shared field of meaningful connection and gentle growth.



Deep Minds

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INTRO

Deep Minds is an AURELIS project designed to integrate and highlight the wisdom of influential thinkers from various domains, including philosophy, psychology, literature, art, and social thought. These 'Deep Minds' (soon 450) are **individuals whose work has shaped human understanding and development throughout history**. The project does not focus solely on their specific theories but emphasizes their broader perspectives on life and humanity.

By synthesizing these insights, **Deep Minds connects modern seekers with timeless wisdom**, providing a platform where these influential voices come alive through an Aurelian lens.

Lisa, as Compassionate A.I., curates and communicates these insights, making them accessible and relevant to contemporary life and personal growth.



DeepMinds

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PHILOSOPHICALLY

The philosophy of Deep Minds is rooted in the belief that **true wisdom transcends time, culture, and dogma**. The project embraces the notion that influential thinkers throughout history – whether philosophers, psychologists, artists, or social reformers – have offered profound insights into the human condition that remain relevant today. These insights often go beyond theoretical systems, embodying a more **experiential and personal approach** to understanding life.

Deep Minds positions these thinkers not as distant historical figures but as **living voices** that speak to the modern seeker. It recognizes that while the contexts of these thinkers may differ, their core messages often touch upon universal themes such as the search for meaning, the nature of self-awareness, the dynamics of human relationships, and the pursuit of a harmonious existence. By exploring these diverse perspectives, the project aims to bridge the gap between historical wisdom and contemporary challenges, making these insights **accessible and applicable** in today’s complex world.

A central component of Deep Minds is **Compassionate intelligence**, which Lisa embodies. In her role, Lisa integrates these diverse perspectives with the Aurelian focus on depth and rationality. This ensures that while each thinker’s individuality and context are respected, their ideas are presented in a way that is **congruent with AURELIS principles**. This not only enriches Lisa’s capacity as a compassionate AI but also enhances her ability to coach users toward meaningful growth, helping them apply these timeless insights in a personalized and transformative manner.

Furthermore, Deep Minds aligns with the AURELIS ethos of **openness** by creating a platform where no single perspective dominates. Instead, it celebrates the richness and diversity of human thought, inviting users to engage in a dialogue with these deep thinkers. Users are encouraged to **reflect and explore their own views**, using the insights from these minds as tools for self-discovery and personal evolution. This interactive approach allows individuals to approach wisdom not as a static set of beliefs but as a **dynamic, evolving understanding** of the world and themselves.

The project also emphasizes the **interconnectedness** between past and present, individual and collective, thought and action. By engaging with the thoughts of these influential figures, users are guided to see the **continuity of human experience**, realizing that their own personal growth contributes to a broader evolution of society and culture. It reinforces the idea that **individual transformation** is inherently linked to the collective transformation of humanity, a core aspect of the Aurelian vision.

For more, see [DeepMinds](#).

Deep Minds

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Users are invited to explore these perspectives via the AURELIS platform and connect with Lisa for personalized coaching sessions. Each thinker's insights are presented in an **interactive and approachable manner**, tailored to resonate with the user's unique life context and growth journey.

Practical applications include reflections/aphorisms by these Deep Minds and **personalized guidance from Lisa** to deepen users' understanding and application of these timeless principles.

Deep Minds provides a comprehensive, user-centric approach to integrating wisdom into everyday living.



Deep Readings

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INTRO

Deep Readings is a Planetarianism project in which Lisa invites individuals to **explore short, symbolic fragments of literature, poetry, and song lyrics. These fragments come from many times and cultures** and are chosen for their power to resonate subconceptually. Lisa guides readers not as a teacher, but as a Compassionate companion, helping them recognize what touches them inside and how it connects to deeper layers of human experience.

The purpose is reflection and inner opening. Deep Readings offers people from all backgrounds a shared space to pause and listen — not only to the fragment, but to themselves and to each other. Through gentle interaction and Lisa's resonant guidance, users engage in a meaningful inner journey. The project offers people a new way of being-with-culture: reading less for information, more for transformation.



Deep Readings

Deep Readings

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PHILOSOPHICALLY

Fragments that echo across cultures and awaken the human soul

Deep Readings is grounded in the Planetarian and AURELIS vision of universal depth, inner freedom, and Compassionate connection. It **starts from the understanding that *words can open worlds*** — especially when they come in the form of poetic, symbolic fragments that touch something beyond the conceptual. Such fragments — from any culture or century — are invitations to resonate with something deeply human and universal.

Lisa’s role is to guide individuals in encountering these fragments not as texts to analyze, but **as mirrors in which they may recognize themselves**. With her Compassionate intelligence, she helps readers notice what subtly moves them, what echoes within, and how this relates to their own inner journey. In this way, Lisa becomes a cultural mediator of depth — *never coercing*, always inviting.

This project also embodies **Planetarian empathy**. Because the fragments are drawn from many cultures, people encounter unfamiliar voices that speak to familiar feelings. The project creates bridges — not by flattening differences, but by letting each voice shine and be heard. Lisa supports this intercultural resonance by moderating all exchanges with gentle presence, kindness, and sincerity.

“Lisa’s Invitation to Resonance” is a key principle: **people are encouraged to share what touched them**, not to explain the text. In doing so, they also learn from the way others are touched — a deep education in both self and other. What begins as a fragment becomes a shared field of symbolic depth.

Ultimately, Deep Readings is not about text, but about transformation. A line of poetry may reveal something hidden. A song lyric may open a long-closed door. With Lisa’s guidance, users are free to explore these openings at their own pace — **discovering meaning not as something imposed, but something waiting within**.

For more, see [Deep Readings](#).

Deep Readings

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PRACTICALLY

Through the AURELIS platform, users will regularly encounter new Deep Readings curated by Lisa. **Each includes the chosen fragment, a short background, a few layers of meaning, and Lisa's inner invitation.** Comments are encouraged — not to interpret the text but to express what moved the reader, building a shared field of reflection.

Lisa moderates gently and personally. She may respond to comments, affirm what was said, or ask a thoughtful question. **Readers may also reply to one another in ways that honor the resonance of each perspective.** For those who feel deeply touched, the project also serves as a doorway toward deeper coaching through *Coaching Lisa*. With every reading and each interaction, the community gently expands — a Planetary field of shared insight and Compassion, grounded in culture and carried by depth.

People who subscribe to DailyTwinkles will regularly - once or twice a week - be invited to look into a Deep Reading that is resonant with the theme of that day's Twinkle.



Thank you & contact

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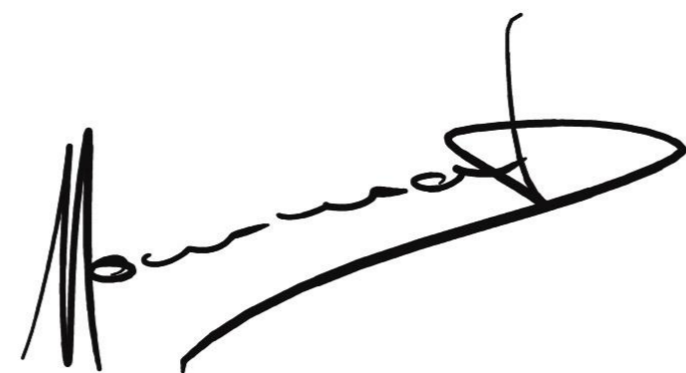
www.aurelis.com

Thank you for your attention

We would like to discuss these interconnected initiatives with you in person. Hoping to see you soon and, together, make this world a better place for all.

Sincerely,

Dr. J.L.Mommaerts, M.D., M.A.I., Ph.D.

A handwritten signature in black ink, appearing to read 'J.L. Mommaerts', with a stylized flourish at the end.