

# AureliZEN: A Journey into Deep Growth and Open Leadership

*"A revolutionary seminar series to awaken  
your deeper potential."*

*"Real change begins from within. AureliZEN  
invites you on a journey where insight,  
movement, and deep transformation come  
together."*

**A unique blend of deep autosuggestion,  
movement (YogaZen), and inner leadership.**

**Not just another seminar—AureliZEN is an  
immersive experience.**



## What is AureliZEN?

**AureliZEN is not a traditional training—it is a  
process of inner transformation.**

Unlike conventional seminars, which focus on  
surface-level knowledge, AureliZEN works at a  
**deeper level**, blending:

- **Deep autosuggestion** – Unlocking  
inner motivation through natural  
mental processes.
- **YogaZen movement** – Bringing mind  
and body into flow, reinforcing  
learning through movement.
- **Presence & awareness** – Learning not  
just intellectually, but experientially.

**This is not about learning techniques—it is  
about uncovering the leader within you.**

---

## The five seminar themes

Each AureliZEN seminar is a **step into a deeper  
experience**:

1. **Deep relaxation as a foundation** – *The  
starting point of deep transformation.*
2. **Discovering your own deep  
motivation** – *Awakening inner energy  
and purpose.*
3. **Awakening motivation in others** –  
*Becoming a source of inspiration and  
natural influence.*
4. **The art of deep communication** –  
*Listening, speaking, and connecting  
beyond words.*
5. **Open leadership from the inside out** –  
*Leading through presence, depth, and  
trust.*

💡 *Each seminar builds upon the previous  
one, creating a journey of inner growth.*

---

## How it works – Before, during, and after

AureliZEN is not a one-time event—it is a guided experience that unfolds over time.

### Before the seminar:

- **Personal preparation through Coaching Lisa**—setting intentions and gaining initial insights.
- **Guided AurelisOnLine sessions**—tuning into deep autosuggestion.

### During the seminar:

- A mix of **live sessions, YogaZen movement, deep reflection, and group dialogue.**
- **Moments where Lisa appears on a big screen**, facilitating key insights.
- **Personalized exploration**, ensuring each participant follows their own inner path.

### After the seminar:

- **Integration through follow-up autosuggestions, personal insights, and continued access to AurelisOnLine.**
- 

## What makes AureliZEN revolutionary?


AureliZEN redefines what a seminar can be.

### A new kind of learning experience:

- **Not just knowledge—deep transformation.**
- **Not just a seminar—an unfolding process.**
- **Not just external techniques—inner leadership development.**

### What makes it unique?

- **Coaching Lisa as a continuous guide**—before, during, and after the experience.
- **Moments of digital facilitation**, seamlessly blending human guidance with AI support.
- **Movement (YogaZen) as a way to embody insights**—learning not just with the mind but with the whole being.

 *This is the future of self-development: a seamless blend of presence, technology, and inner transformation.*






---

## Call to action & registration details

### Who is this for?

- **Leaders & professionals** – to develop inner strength and Open Leadership.
- **Individuals seeking deep growth** – those who want a **transformative experience, not just information.**
- **Organizations** – looking for a **revolutionary approach to motivation and leadership development.**

### How to Join

-  **Upcoming seminars:** [Insert Link]
-  **Location:** [Venue details or online access]
-  **Contact:** [Email & phone]
-  **Explore more:** [AurelisOnLine link]
-  **Scan this QR code to learn more & register!**

*"AureliZEN is not about changing who you are—it is about uncovering who you already are at your deepest level."*

---